TABLE OF CONTENTS

- The Utilization of Medicine Plants in Amban Residents in
 Increasing Knowledge Towards Herbal Treatment
 Enik Maturahmah, Revisika, Elvi Rahmi, Gilang Ary Sandy
- 6-11 Demographic Factors and Knowledge Level Influenced
 Implementation of Postpartum Gymnastic in Normal Postpartum
 Mother

Yuanita Syaiful, Siti Nur Qomariah, Lilis Fatmawati, Umi Barrotul Hamdiyah

- 12-17 The Improvement of Covid-19 Health Protocol in TPQ Al-Amin
 Ngijo Wetan, Tasikmadu, Karanganyar
 Liss Dyah Dewi Arini, Erma Nurhayati Firdaus, Suwanto
- 18-26 The Effect of Standard Operational Procedures (SOP) and Competency of Health Personnel on the Time of Medical Recording Documents Completion at Assalam RSU, Gemolong. Liss Dyah Dewi Arini, Lailatul Istiqomah, Nabilatul Fanny
- 27-35 The Influence of a Combination of Walking Therapy and
 Hydrotherapy to Decrease Blood Glucose Levels in Patients with
 Diabetes Mellitus Type II
 Istiroha, Mono Pratiko, Rita Rahmawati, Noor Fitri